

OLPH 5K



September 23, 2018

Race Number _____



Date and Time

Sunday, September 23, 2018
7:30AM - Race-day registration and packet pick-up 9:30 AM
- Start of 5K

Location

8970 Highway 23 Belle
Chasse, LA 70037

Entry Fees

Individual

\$25 - Pre-registration thru September 29th
\$35 - September 30 - Race Day

Online Registration

To register online please visit
<https://runsignup.com/Race/LA/BelleChasse/2018OLPH5K>

Mail-In Registration

Completed hard-copy entry forms may be mailed along with payment by check to: **Attn: Heather Monier**
Our Lady of Perpetual Help 5K
8970 Highway 23
Belle Chasse, LA 70037

Registration may also be turned in to the school or church office.
Entry fees are non-refundable. Sorry, no exceptions.

Race Day Registration

Race day registration will be available at the race site starting at 7:30AM. Payment may be made by cash or check.

Make checks payable to OLPH.

_ Name

_ Address

_ Phone

_ Gender

_ Email

_ Signature

Age on race day

Signature of parent or guardian if under 18 years of age

Packet Pickup

Race-day packet pickup will start at 7:30AM at the race site.

T-Shirts

**T-shirts guaranteed to
preregistered participants only
and will be given to late and race-
day registrants while supplies last**

Awards

Awards will be distributed at the conclusion of the race. There is no duplication of awards.

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- 1st, 2nd & 3rd Overall Male and Female
1st Male and Female in age groups 12-under, 13-17, 18-25, 26-40, 40-59, 50-59, 60-over

It is the responsibility of the athletes to note any necessary correction to awards on race day. If an error is discovered postrace we'll be happy to correct your results and update the website accordingly. However, if you do not inform us of this issue before your award is given out we will no longer have an award to give to you and we can't remake awards.

Timing and Scoring

The race will be electronically timed and scored. You must wear your race bib properly to be scored. Your race bib must worn on the front of your torso and be visible at the finish line.

Headphone Policy

For your safety and the safety of others we discourage the use of headphones during the running or walking of the event.

THANK YOU TO OUR SPONSORS



Prepare. Protect.

Race Release: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials and sponsors of Our Lady of Perpetual Help, for injury or illness, which may directly or indirectly result from my participation. I further state that I am in proper physical condition to run in this event and I am an Amateur Runner.